Rights, Respect, Responsibility A K-12 SEXUALITY EDUCATION CURRICULUM Assessment Items

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ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: Do all families look exactly the same? A: No Q: Circle all of the examples of different ways families might be put together: a. Different numbers of children in the family b. Parents of the same gender or parents of different genders c. Step parents or step children d. Members of the family look alike or look different from each other e. Children living with a grandparent A: a, b, c, d, e 	2	HR	HR.2.CC.1 Identify different kinds of family structures.	K Different Kinds of Families
 Q: Should children be expected to behave certain ways based on their gender (being a boy or a girl)? A: No Q: Circle all of the examples of ways people sometimes expect children to behave based on their gender: a. Boys play sports b. Children should be nice to each other c. Girls like to play princess d. Boys and girls like to laugh A: a and c Q: Is it okay for children of any gender to play baseball? A: Yes Q: Is it okay for children of any gender to play with dolls? A: Yes 	2	ID	ID.2.CC.1 Describe differences and similarities in how boys and girls may be expected to act.	1 Gender Roles
 Q: Circle the letters next to the types of trusted adults a child could tell if someone teased or bullied them or touched them in a way that made the child feel uncomfortable or yucky. a. A parent or guardian b. A friend in school c. A teacher d. A school nurse e. A school principal f. They shouldn't tell anyone. They should keep it a secret. A: a, c, d, e 	2	PS	 PS.2.A1.1 Identify parents and other trusted adults they can tell if they are feeling uncomfortable about being touched. PS.2.A1.2 Identify parents and other trusted adults they can tell if they are being bullied or teased. 	2 Seeking Help

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: What are two strategies a person could use to communicate if they are feeling bullied or harassed? a. Say, "I'm leaving" or "You can't treat me like that." b. Say, "You're going to get in trouble for treating me like this." or tell your friend c. Say, "Please stop being so mean." or write down what's happened in a journal d. Say, "My mom is going to get you in trouble" or scream at them A: Answer: A 	5	PS	PS.5.IC.1 Demonstrate ways to communicate about how one is being treated.	3 Teasing, Harassment and Bullying
 G: Circle the letters next to physical changes that occur during puberty. a. A person gets better balance b. A person gets better at math c. A person gets taller d. Menstruation begins in female bodies e. A person grows hair under their arms and around their genitals A: c, d, e G: Circle the letters next to social changes that occur during puberty. a. A person becomes very popular b. A person may have more conflict with their parents c. Peer pressure increases d. A person might start to become interested in others as more than just friends - maybe as a boyfriend or girlfriend e. A person starts thinking about their future career. A: b, c, d G: Circle the letters next to feel self-conscious about how their body looks b. A person might their or talking about them c. A person might have mood swings d. A person starts feeling great all the time e. A person starts feeling shy A: a, b, c 	5	PD	PD.5.CC.1 Students will be able to explain the physical, social, and emotional changes that occur during puberty and adolescence.	4 Making Sense of Puberty
 Q: Circle the letters next to the types of trusted adults a child could go to either to answer a question about puberty or to help find a website, book or magazine that has the answer. a. A parent or guardian b. A doctor c. A teacher d. A school nurse e. A librarian A: a, b, c, d, e 	5	PD	PD.5.AI.2 Identify parents or other trusted adults of whom students can ask questions about puberty and adolescent health issues.	4 Making Sense of Puberty

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: Write a "T" for True next to examples of healthy relationships and "F" for False next to examples of unhealthy relationships. (From Healthy and Unhealthy Relationships Quiz from the grade 4 lesson, Figuring out Friendships. Have students complete these individually, rather than in pairs, and put their names on them). A: Based on the answer key, student should be able to identify the characteristics of Healthy and Unhealthy relationships with no more than 3 incorrect responses. 	5	HR	HR.5.CC.1 Describe the characteristics of healthy relationships.	4 Figuring out Friendships
 Q: Circle the letters next to examples of sexual abuse a. An adult touches a child's genitals and tells the child to keep it a secret b. An adult forces a child to touch the adult's genitals c. A doctor touches a child's genitals as part of a health exam and the child's parent or other adult family member is in the exam room. d. A child touches their own genitals. A: a, b Q: Circle the letters next to examples of sexual harassment. a. A teenager keeps telling a fifth grader that they are "really sexy" and that they want to kiss them even though the fifth grader has told them to stop many times. b. A student pays a classmate a compliment one day by telling them that they like their new haircut. c. A group of children keep whispering "gay" under their breath every time they pass one of their classmates in the hallway d. An adult neighbor loves to watch a middle schooler walk to the bus every morning and shouts out: "I can't wait until you are older so I can marry you" making the student nervous every time they have to pass the neighbor's house. 	5	PS	PS.5.CC.2 Define sexual harassment and sexual abuse.	4 Your Body, Your Rights
 Q: Check the box that correctly identifies who has each part. Put the letter from the list on the back of the sheet that correctly identifies the description or main function for each part. (From <i>Body Parts</i> homework in grade 5 lesson <i>Sexual and Reproductive Anatomy</i>): A: Based on the answer sheet from the <i>Body Parts</i> worksheet, student should be able to identify correctly at least 2 parts each of the male and female anatomy and at least 2 functions of each the male and female parts. 	5	AP	AP.5.CC.1 Describe male and female reproductive systems including body parts and their functions.	5 Sexual and Reproductive Anatomy

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: Circle the letters next to reliable places someone could go if they wanted to learn more about the reproductive system? a. Books from the library b. Teacher c. A classmate d. School nurse e. Parent or guardian f. A friend's teenage family member g. A website that has been recommended by a trusted adult (parent/guardian, teacher, school nurse, or doctor, for example). A: a, b, d, e, g 	5	AP	AP.5.AI.1 Identify medically accurate information about female and male reproductive anatomy.	5 Sexual and Reproductive Anatomy
 Q: Put the following steps for human reproduction that involves only the male, in the correct order: a. Sperm cells mix with semen b. Sperm is made in the testicles c. Sperm exit the testicles and travel up the vas deferens A: b, c, a Q: Put the following steps for human reproduction that involves only the female, in the correct order: a. Egg enters the fallopian tube b. Ovulation occurs (egg is released from ovary around every 25-30 days) c. Lining of the uterus thickens with blood A: c, b, a 	5	PR	PR.5.CC.1 Describe the process of human reproduction.	5 Puberty and Reproduction
 the female in the correct order: a. The fertilized egg travels down through the fallopian tube to the uterus b. Cell attaches to the wall of the uterus (implantation) conception complete c. One sperm cell attaches to an egg in the fallopian tube and fertilizes it d. Sperm travel through the cervix, uterus, and into the fallopian tubes e. If the male & female have sexual intercourse then the penis is inserted into the vagina f. Pregnancy begins g. Sperm cells leave the penis and enter the vagina (ejaculation) A: e, g, d, c, a, b, f 				

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: What is HIV? A: HIV is a virus that is transmitted through bodily fluids and weakens your immune system. Q: What are some ways HIV can be transmitted from one person to another? Circle all that apply: a. Through contact with the blood of someone who is NOT infected with HIV b. Through contact with the blood of someone who IS infected with HIV (including sharing drug needles) c. Through contact with the semen or vaginal fluids of someone who is infected with HIV d. Through contact with the semen or vaginal fluids of someone who is infected with HIV e. Through contact with the tears of someone who is infected with HIV e. Through contact with the tears of someone who is infected with HIV e. Through contact with the tears of someone who is infected with HIV fluids of someone prevent transmission of HIV? A: Make sure that any of the bodily fluids that can transmit HIV from a person who is infected with HIV.	5	SH	SH.5.CC.1 Define HIV and identify some age-appropriate methods of transmission, as well as ways to prevent transmission.	5 Learning about HIV
 Q: Define sexual orientation. A: The gender or genders of the people we feel romantic love and attraction for. Q: Circle the letters next to reliable sources a child could go to to ask questions about sexual orientation. a. Teacher b. Other kids at school c. A website on the internet found through a google search d. Parent/guardian or other adult family member e. Librarian f. Movie star who writes a blog 	5	ID	ID.5.CC.1 Define sexual orientation as the romantic attraction of an individual to someone of the same gender or a different gender. ID.5.AI.1 Identify parents or other trusted adults of whom students can ask questions about sexual orientation.	5 What Is Love Anyway?

MIDDLE SCHOOL LESSONS

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	торіс	NSES	GRADE/ LESSON(S)
 Q: Is a person who has been raped or sexually assaulted ever at fault? Why or why not? A: No. A person who has been sexually assaulted or raped is never at fault no matter what they say, what they wear or where they go. Everyone has the right to their own boundaries—and nobody ever has the right to cross those boundaries without permission. 	8	PS	PS.8.CC.4 Explain why a person who has been raped or sexually assaulted is not at fault.	6 Understanding Boundaries
 Q: Define sexual intercourse and describe how it is related to human reproduction. A: Sexual intercourse involves a penis going inside a vagina, a penis going inside an anus, or a person's mouth going on a person's vulva or penis. When a penis goes inside a vagina, called "vaginal sex," a pregnancy can occur if semen from the penis enters the vagina. 	8	PR	PR.8.CC.1 Define sexual intercourse and its relationship to human reproduction.	6 Liking and Loving – Now and When I'm Older
 Q: Define sexual abstinence and its connection to pregnancy prevention. A: Sexual abstinence is not having sexual intercourse until someone is older, or until some other time. Sexual abstinence is the only 100% sure way to avoid getting pregnant or getting someone pregnant. 	8	PR	PR.8.CC.2 Define sexual abstinence as it relates to pregnancy prevention.	6 Liking and Loving - Now and When I'm Older
 G: Use the Female Sexual and Reproductive System Crossword Puzzle homework sheet from grade seven lesson, Everybody's Got Body Parts Part One and the Male Sexual and Reproductive System Crossword Puzzle homework sheet from grade seven lesson, Everybody's Got Body Parts Part Two for assessment. A: Based on the answer keys to the crossword puzzles, students should be able to identify the correct male and female sexual and reproductive systems based on their function with no more than three wrong or missing answers on each homework sheet. 	8	AP	AP.8.CC.1 Students will be able to describe the male and female sexual and reproductive systems including body parts and their functions.	7 Everybody's Got Body Parts Part One 7 Everybody's Got Body Parts Part Two
 Q: Define Gender Identity, Gender Expression, and Sexual Orientation. A: A person's gender identity is what they call themselves: Male, female, transgender, or something else. A person's gender expression is how they let people know the gender they are. That can be by the name they use, the clothes they wear, the pronouns (he, she, they) they use, how they carry themselves, etc. Sexual orientation is the gender(s) of the people to whom we are attracted, physically and romantically. 	8	ID	ID.8.CC.1 Differentiate between gender identity, gender expression and sexual orientation.	7 I Am Who I Am

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: Were students able to successfully apply a decision-making model to a scenario? A: Teachers will use the Teacher's Guide: The Making SMART Choices Model as a measurement of successful application. Students will need to submit their scenarios individually, and be graded accordingly. (See Appendix B) 	8	PR	PR.8.DM.1 Apply a decision-making model to various sexual health decisions.	7 Making SMART Choices
 Q: Did students demonstrate that they understood how to communicate assertively with someone else around sexuality? A: The teacher will need to allocate time for all students to role play in pairs. During these role plays, the teacher will use the definitions given in the lesson for Aggressive, Passive and Assertive communication, and allocate points for each instance of assertive statements and responses. (See Appendix A) 	8	PR	PR.8.IC.2 Demonstrate the use of effective communication and negotiation skills about the use of contraception including abstinence and condoms.	7 Let's Talk about Sex
 Q: Match each of the following three types of communication with its definition: 1. Aggressive 2. Passive 3. Assertive a. When someone says what they want or mean without being hurtful to another person. b. When someone tries to get what they want by bullying another person into it. c. When a person is timid or unclear in expressing their needs – or when they won't speak up about what THEY want, but just go along with what the other person wants. A: b, c, a 	8	PR, SH	SH.8.IC.1 Demonstrate the use of effective communication skills to reduce or eliminate risk for STDs, including HIV. PR.8.IC.2 Demonstrate the use of effective communication and negotiation skills about the use of contraception including abstinence and condoms.	7 Let's Talk about Sex
 Q: Which contraceptive method is worn on a penis and provides very good protection against both pregnancy and STDs? a. Diaphragm b. The pill c. External condoms d. Internal condoms A: c 	8	PR	PR.8.CC.3 Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms.	8 Birth Control Basics
 Q: Which of the following statements about emergency contraception, or Plan B is CORRECT? a. It is a medicine that is inserted into the vagina 3 hours before penis-vagina sex to prevent pregnancy. b. It is a medicine that is taken after unprotected vaginal sex to help prevent pregnancy. c. It is a medicine that can temporarily stop sperm production in order to prevent pregnancy. d. It is a medicine that makes people no longer feel like having sex. 	8	PR	PR.8.CC.4 Define emergency contraception and its use.	8 Birth Control Basics

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: All of the following are common mistakes people make when using external condoms, EXCEPT: a. Not checking the expiration date b. Storing condoms someplace that's too hot or too cold c. Putting the condom on wrong side up d. Using a fresh condom for every sex act 	8	PR	PR.8.SM.1/ SH.8.SM.1 Describe the steps to using a condom correctly.	8 Using Condoms Effectively
A: d				

HIGH SCHOOL LESSONS

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: What is the difference between gender and sexual orientation? A: Gender has to do with your sense of yourself as male, female, a combination, or neither. Sexual orientation has to do with the gender(s) of the people to whom we are attracted, physically and romantically. 	12	ID	 ID.12.CC.1 Differentiate between biological sex, sexual orientation, and gender identity and expression. ID.12.INF.1 Analyze the influence of friends, family, media, society and culture on the expression of gender, sexual orientation and identity. ID.12.CC.2 Distinguish between sexual orientation, sexual identity. 	9 Understanding Gender 11 Gender and Sexual Orientation: Understanding the Difference 9 Sexual Orientation, Behavior and Identity: How I Feel, What I Do and Who I Am
 Q: Were students able to successfully apply a decision-making model to a scenario? A: Teachers will use the <i>Teacher's Guide: What's Your Dogma?</i> as a measurement of successful application. Students will need to submit their scenarios individually, and be graded accordingly. (See Appendix C) 	12	PD, PR, SH	 PD.12.DM.1 Apply a decision- making model to various situations relating to sexual health. PR.12.IC.1 Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors. SH.12.DM.1 Apply a decision- making model to choices about safer sex practices, including abstinence and condoms. 	9 Decisions, Decisions
 Q: What are two STDs that can be cured, and two that cannot? A: Chlamydia, gonorrhea and syphilis can be cured; HPV (the virus that causes genital warts and can cause cervical cancer), Herpes and HIV cannot, although they can be treated and managed with medication. 	12	SH	 SH.12.CC.1 Describe common symptoms of and treatments for STDs, including HIV. SH.12.CC.2 Evaluate the effectiveness of abstinence, condoms, and other safer sex methods in preventing the spread of STDs, including HIV. SH.12.AI.2 Access medically- accurate prevention information about STDs, including HIV. 	9 STD Smarts

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 G: Put the following steps to using an external condom in the correct order: a. Carefully open the condom. No teeth! b. Pull the condom off, tie the end in a knot to avoid spillage, and throw it in the garbage. c. Sex act - orgasm and ejaculation. d. Roll the condom all the way down the penis. e. Give and obtain consent for having sex. f. Have more than one condom. g. Check whether it's right side up. h. Gently pinch the tip of the condom to get air out. i. Place it on the head of an erect penis. j. Pull the penis out and away from the other person's body. k. Check the expiration date. A: e, f, k, a, g, i, h, d, c, j, b 	12	PR,	 PR.12.SM.1 Describe the steps to using a condom correctly. SH.12.SM.2 Describe the steps to using a condom correctly. 	9 Creating Condom Confidence
 Q: Match each of the following terms to its definition: Consent Coercion Incapacitated a. When someone said they wanted to do something b. When a person doesn't have the ability to do things or say they want to do things, like someone who is asleep, drunk or using drugs c. When someone gets a person to do something by threatening or forcing them to do it 	12	HR	 HR.12.CC.3 Define sexual consent and explain its implications for sexual decision-making. HR.12.INF.2 Analyze factors, including alcohol and other substances, that can affect the ability to give or perceive the provision of consent to sexual activity. 	10 Rights, Respect, Responsibility
 Q: TRUE or FALSE: Possessing a sexually explicit image of someone under 18 is a crime - even if the person who receives it is under 18, too. A: TRUE Q: TRUE or FALSE: If you are under 18, sending a sexually explicit image of yourself to someone else is a crime. A: TRUE Q: Tricking someone who is under 18 into sending a sexually explicit image is a crime. A: TRUE 	12	HR	HR.12.SM.2 Describe strategies to use social media safely, legally and respectfully.	10 Using Technology Respectfully and Responsibly
 Q: All of the following are websites for teenagers that provide medically-accurate, age- and developmentally-appropriate information about sexuality for teens, EXCEPT: a. www.sexetc.org a. www.greattowait.com b. www.scarleteen.com c. www.itsyoursexlife.org A: b 	12	PR	 PR.12.AI.1 Access medically- accurate information about contraceptive methods, including abstinence and condoms. PR.12.AI.2 Access medically- accurate information and resources about emergency contraception. 	10 Trust it or Trash It? Finding Accurate Sex Ed Info

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
 Q: Name the five categories of relationship abuse. A: Physical, Emotional, Psychological, Sexual and Financial. Q: Put the following abusive behaviors into the appropriate category of relationship abuse: Refusing to practice safer sex Criticizing the person's appearance or intelligence Threatening to hurt the other person Telling the other person they need to spend time with you instead of going to work Pinching Texting nonstop and expecting the other person to text back by a certain time Restraining Sharing sexy photos of the other person without their consent Threatening to hurt yourself if the other person doesn't do what you want Pressuring the other person to do something sexual they don't want to do A: 1. Sexual Emotional Psychological 	12	PS	PS.12.CC.1 Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.	11 Is It Abuse If?
 5. Physical 6. Psychological 7. Physical 8. Sexual 9. Psychological 10. Sexual 				
 Q: All of the following are reasons why someone might choose to get tested for STDs, EXCEPT: a. They thought they and their partner were in a monogamous relationship (only having sex with each other) and found out later that their partner was having sex with other people. b. They started to experience some symptoms and didn't know if that meant they had an STD. c. They're thinking about having sex for the first time and think if they get tested in advance it'll keep them from getting an STD. d. Because they were sexually assaulted and need to know whether it resulted in an STD of some kind. A: c Q: All of the following are reasons why someone might choose NOT to get tested for STDs, EXCEPT: a. Because they don't want to know b. Because they are worried about the actual test itself being painful or uncomfortable. d. Because they are worried about the actual test itself being painful or uncomfortable. A: b 	12	SH	 SH.12.SM.1 Analyze individual responsibility about testing for and informing partners about STDs and HIV status. SH.12.ADV.1 Advocate for sexually active youth to get STD/ HIV testing and treatment. 	12 Getting Savvy about STD Testing

ASSESSMENT QUESTION AND ANSWER	BY THE END OF GRADE	ΤΟΡΙϹ	NSES	GRADE/ LESSON(S)
Q: All of the following are possible ways in which viewing sexually-explicit materials can affect a young person's attitudes about sex and sexuality, EXCEPT:	12	HR	HR.12.INF.1 Explain how media can influence one's beliefs about what	12 Fantasy or Reality?
a. People may expect sex to go a certain way and feel unprepared for or vulnerable when it does not go as expected			constitutes a healthy sexual relationship.	
b. People may assume that because a person looks a particular way they are more or less sexual				
c. People may assume consent from their partner because they may think everyone of their partner's gender "is like that"				
d. People may be more likely to think that they should only have sex if music is playing in the background.				
A: d				

APPENDIX A:

Rubric for Effective Communication Skills

(For use with Let's Talk about Sex, Grade 7)

Student Name:_____

Did the Student	Possible Points	Points Allocated
Reflect an accurate understanding of the differences between passive, assertive, and aggressive communication by providing a correct example during the all-class discussion at the beginning of the lesson?		
Communicate what they did or did not want to do in an assertive manner (rather than passively or aggressively) when playing person B in the activity?		
Reflect an accurate understanding of the differences between the three communication styles by creating assertive and aggressive pressure lines when playing person A in the activity?		
Other:		
Other:		

APPENDIX B:

Rubric for Effective Use of the SMART Decision-Making Model

(For use with Making SMART Choices, Grade 8)

Student Name:_____

Did the Student	Possible Points	Points Allocated
List all steps in the decision-making model and what each letter stands for?		
Explain how someone slows down in order to make a well thought-out decision (S)?		
List all their options in the given scenario (M)?		
Analyze their list of options by deleting the less realistic options (A)?		
Based on the options they eliminate, state the decision they have reached (R)?		
Explain why it is important to think about and evaluate the decision they reach in their scenario (It is important to check in from time to time, see how things are going, and look at what may need to change in order to stick with – or alter – the decision made (T)?		

APPENDIX C:

Rubric for Effective Use of the DOGMA Decision-Making Model

(For use with Decisions, Decisions, Grade 9)

Student Name:_____

Did the Student	Possible Points	Points Allocated
Accurately reflect back the situation as described in the given scenario (D)?		
Generated at least three possible options in the given situation (O)?		
Describe at least two items about which they felt they needed to gather information and named at least two pros and cons to each of those items (G)?		
Stated a rational decision they'd recommend for their chosen character in the scenario that follows the logic of their previous step (M)?		
Name two things they will do to put the decision into practice (A)?		